

COACHING PRICES

ONE-ON-ONE AND COUPLES COACHING

ONE-ON-ONE COACHING 50 MINUTE SESSIONS

Individual Coaching Session	\$180
6 Session Package	\$970
9 Session Package	\$1,370
12 Session Package	\$1,730

COUPLES COACHING 90 MINUTE SESSIONS

Individual Couples Coaching Session	\$200
6 Session Package	\$1,080
9 Session Package	\$1,530
12 Session Package	\$1,920

WHY PACKAGES?

- Buying a package increases your dedication to the process. In my experience, those who purchase a package are more accountable to themselves and have more long-lasting results.
- Buying a package decreases the price per session (roughly 10% for 6 sessions, 15% for 9 sessions, and 20% for 12 sessions).

 $^{^{*}}$ If you cannot afford my prices but want coaching, please email me to discuss options.